



Meditation Monthly

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The Teacher and the Teaching

FRAGMENTS: References compiled from the Books of the Agni Yoga Teachings

PART ONE: The Teacher

Hierarchy, 1931

Hierarchy, 149. It was never said to rely upon the Lord. On the contrary, it was repeated, "Be imbued with the Lord!" There is a great difference between timid and inactive reliance and imbuing the entire being with the consciousness of the Lord.

As an invincible sword, the consciousness identified with the Lord smites all obstacles! Doubt cannot find shelter where a flaming consciousness is kindled. There will be no fatigue where the inexhaustible Source of Forces is admitted. Fear cannot penetrate into the temple of invulnerable armor. Thus, I advise acceptance of My Shields, not through recourse to a saving protection, but by conquering through the blending of consciousness.

Heart, 1932

Heart, 150. If I say that I am always with you, will many believe it? They would even fear to believe in the united consciousness. For them, each such union is an intrusion upon their selfhood, and as such is entirely intolerable. They will never appreciate the tenfold multiplication of energy born of the cooperation of consciousnesses. But without such cooperation the entire Teaching of the Heart would be impossible. Why all details if there cannot be mutual fortification? But if this principle is attainable, then its enlargement to the full union of consciousnesses, which is called "Paloria," is also possible. But, then, how greatly can the work of those who acknowledge and have

attained the unification of consciousnesses be extended for the General Good! Of course, I speak of the inner spiritual work, which the blind can neither perceive nor appreciate.

The summons to a unity of consciousnesses is necessary everywhere, because this is the simplest introduction into the life of the heart. This is not sorcery but a physical law that can weave a salutary net around the planet. Thus, everyone who follows the law of Being can justly consider himself a citizen of the Universe.

Hierarchy, 1931

Hierarchy, 7. The Ruler of Shambhala reveals three Doctrines to humanity: the Teaching manifested by Maitreya summons the human spirit to Our creative world;

the Teaching of Maitreya ordains the infinite in Cosmos, in life, and in the attainments of the spirit; the Teaching of Maitreya guards the knowledge of the Cosmic Fire as the unfoldment of the heart that embraces the manifestation of the Universe.

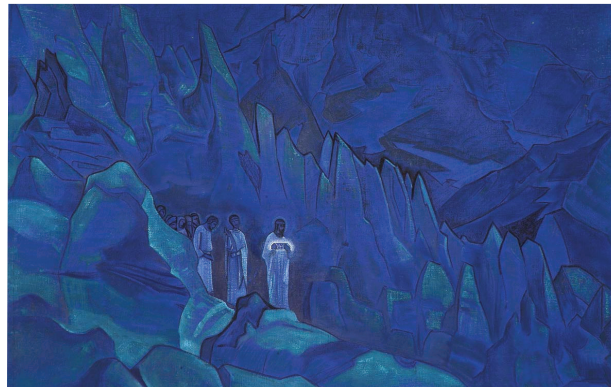
The ancient legend that affirms the manifestation of Maitreya as a resurrection of the spirit is correct. We will add that the resurrection of the spirit as the conscious acceptance of the Teaching of Lord Maitreya may be precursor to the Advent. Verily, the resurrection!

Part Two: The Teaching

Agni Yoga, 1929

Agni Yoga, 304. The Teaching of Wisdom is not a textbook with numbered pages. The Teaching is one of

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Burning of Darkness by Nicholas Roerich, 1924

Networkers Letter

Dearest Friends,

I am writing this letter just a few days after the New Year and the date in which Torkom Saraydarian passed—January 5th; he passed in 1997. I came across an instruction by Torkom which I feel is very important to those of us who are striving on the Path to the Fiery World. It is about the need for protection and how to weave your own protective net:

“On the Path to the Fiery World, one must protect himself with a fiery net. The protective net is woven by very subtle energies with which the human soul can come in contact. The fire of the heart is the weaver. Those whose higher centers are not unfolded, or those who are obsessed, do not have a protective net. On the Path to the Fiery World one needs to weave his protective net.

“The enemies of an advanced disciple are more numerous in the Subtle Worlds than on earth, and these enemies have even more opportunities to wound the vehicles of the disciple. But when he weaves his protective net, he can repel the darts of the enemies. We are told that each blow upon the protective net is returned to the sender with a more intensified tension.

“The protective net and the higher centers are nourished and protected by the fire of the heart. The protective net is woven into the finest fabric of armor through the fire of the heart and through intense aspiration and continuous striving toward the Higher Worlds.

“Every time the striving reaches a certain stage of development, synthesis forms in the Chalice. Synthesis is achieved when the human soul can harmonize the treasures collected in the Chalice over thousands of years. Through great striving, the human soul orchestrates the different currents accumulated in the Chalice and composes his

symphony.

“The synthesis in the Chalice responds to the Cosmic creative forces. Each creative force in the Cosmos finds manifestation on earth through the synthesis achieved in the Chalice of the human heart.

“The bridge between the Fiery World and the earthly world is synthesis. No great accomplishment will be possible without it. Every progressive synthesis bridges higher strata of creative forces. On the Path to the Fiery World, one can protect himself from disintegrating forces by the shield of synthesis.

“It is very important to know that Christ, as the present Hierarchy, holds the focus of synthesis in the Chalice of the Hierarchy. We are told that He is the Fiery King of the Spirit. On the Path to the Fiery World, His name can be used as the greatest mantram when the soul leaves the body and directs his face toward the Fiery World. Those who have already built communication with the King of Fires will be escorted to their destination by His angels and even by His presence.

“Affinity with Christ and striving to assimilate His fiery principles in life build the fiery wings for the Higher Worlds. Many of those who walk the Path of the Teaching forget the King of Fire and fall into the traps of their own egos. In truth, He is the Gate and He is the Path.

“We are told that when there is intense spiritual aspiration, the psychic energy leaves crystals on the nerve channels. As the aspiration deepens, the crystals of psychic energy increase. These crystals are assimilated by the



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Humility

References compiled from the Books of the Agni Yoga Teachings

HUMILITY

Fiery World I, 1933

Fiery World I, 332. Many precious indications have been confounded. People have distorted the concept of humility, so needed in relation to Hierarchy. For their own convenience people have made naught of it. Indolence was not ordained, for one must strive with all daring and labor toward Fire, the Beautiful. There is no earthly object of such value that the Fiery World should be renounced for it.

Fiery World I, 511. He who thinks of modesty and humility is by virtue of this neither modest nor humble. Natural virtues do not require forced considerations. Much vanity has originated from such forced pseudo-modesty and pseudo-humbleness. In all qualities connected with fieriness, directness is needed. If a man has not acquired reverence for Hierarchy, no command can make him feel the beauty of this striving; external conditions will shatter the seed of striving. It is a great fallacy for people who have begun to think of the Supreme to alter the outer conditions of their lives. A shoemaker known to you could have abandoned his craft, but he preferred to affirm himself in the rhythm of the past in which his highest thoughts had been generated. This is not inflexibility, but a due regard for the precious rhythm already established. One can observe that external conditions can give the impulse to thought. This consideration is very useful during fiery achievements.

Fiery World I, 433. An indefatigable spirit is needed to advance along a constant progression. Only such expansion and containment will bring real tolerance toward anything that is futile, this is learned through relativism. Thus, say to him who has doubts about the Teach-



Procopius the Righteous Praying for the Unknown Travelers by Nicholas Roerich, 1914

ing, “Test it, be aflame in your heart, and broaden your spirit!”

Fiery World I, 434. The realization of the Teaching as a necklace of Light provides a precious thread upward. Let the billions of worlds stay the disconcerted from the danger of rejection.

Heart, 1932

Heart, 466. The Chain of the White Forces should be constantly in one’s thoughts. Not condemnation but only the future structure is needed. Effulgent is the White Chain from the Mountains of Light. These are significant times, when even the humblest discern the magnificence of the White Chain. All Indications should be fulfilled so that the specks of imperil may not impede the might of the White Forces. It is even beautiful to brush away all pettiness when titanic bodies are shaken.

Hierarchy, 1931

Hierarchy, 340. Wisely is ordained the

bliss of him who sacrifices his soul for his neighbor. Often this commandment is applied to the sacrifice of one’s life, yet it is not said of life or body, but of the spirit. Thus a most difficult and lengthy task is given. In order to give one’s soul one should cultivate, expand, and refine it, then it can be given for the salvation of one’s neighbor. Thus the wisdom of the Commandment should be understood and consciously applied. It is also said, “Follow Me.” Thus will speak each Hierarchy, affirming a progressive motion. He cannot turn back, otherwise the leading star will be hidden behind the rock.

It is not correct to think of the humility of a Hierarchy—humility ahead and the Command behind. Likewise, the concept of Hierarchy is clearly expressed in the words of the Apostle about the Comforter. This advice should be similarly understood, because inaction in sorrow is not indicated, but consolation is prepared through achievement.

Fiery World III, 1935

Fiery World III, 24. One of the great concepts, often incorrectly interpreted, is precisely the great concept of humility. It has been interpreted as non-resistance to evil; it has been interpreted as good-heartedness, as compassion, but very few accepted it as self-denial. For only self-denial and self-sacrifice can give understanding of humility. Truly, We see the giants of spirit and the heroes who devote themselves fully to the humble tasks for the good of humanity. We know of great experiments being humbly carried out in the earthly laboratories for the benefit of humanity. We know the great fiery experiments of those who dedicate their lives wholly and humbly to the benefit of mankind. We know manifestations on the path to the Fiery World which inspire all surroundings. Truly manifold is humility manifested through self-sacrifice and self-renunciation. Heroism is a manifestation of various aspects of humility. Thus the records of space are filled with great deeds of humility. Invaluable are these fiery flights of the spirit. Thus, verily, the heroes of humility drain the cup of poison for the good of mankind.

Fiery World III, 25. As the highest humility and the highest self-renunciation, should one accept the Image of Those bearing the full Chalice of self-sacrifice. They carry a heavy burden in the heart. They bear the brunt of the tension manifested by humanity. They carry the burden of the entire discrepancy. Such humility is redemption. Who will give

himself wholly to the achievement of drinking the cup of poison? Who will take upon himself the Fiery Shield for the good of humanity?... Who will resolve to accept the fiery energies? Who will manifest the understanding of the entire Cosmic tension? Verily, he who is in consonance with the Higher Forces. Mankind is accustomed to demand Good, but very



And We See by Nicholas Roerich, 1922

rarely does man think of giving. Hence the humility of a saint who carries a fiery chalice is regarded as the highest humility. The fiery chalice holds the essence of the saving of the spirit of mankind and the atonement. Thus, let us remember and manifest understanding.

Fiery World III, 26. For such fiery humility the spirit must be tempered through thousands of years and must live in constant achievement. Thus takes place the final bid for the planet, and in this great Battle We manifest Our Might. Therefore Our humility is so fiery. It is not easy for a fiery spirit to manifest humility. The fiery spirit is like a furnace, like a flaming torch, and self-denial and self-sacrifice are its lot upon the last step. Therefore the last sojourn on Earth is so hard. Each

threshold means a painful step. Thus do We forge the great future.

Fiery World III, 52. Least of all do people understand success. Usually, when the success of a task commissioned by the Hierarchy, and imbued with the help of the Hierarchy, is attributed by the spirit steeped in selfhood to its own merit, the success turns into a heart-

ache of the spirit. When a co-worker requires adoration of himself for fulfillment of the task given him, he closes by this very act the records of the space. The records of life passing on in all earthly glory reveal so many beggars in spirit! A co-worker who presents to the community the idea that the Hierarchy will act in accordance with the affirmation of the successful co-worker introduces truly a belittlement of the Hierarchy. How difficult it is to introduce among the co-workers the true concept

of success! Indeed, only humility of the spirit and the feeling of gratitude are appropriate. Who gave all possibilities? Who has given the direction? Who has manifested all good? Only the Hierarchy, only the Leader, only the Forces of Light. Successful co-worker, examine thy armor; on each link is inscribed—Hierarchy. Not I myself, nor mine, but Thine, O Lord!

Hence, on the path to the Fiery World one should remember that humility is the companion of success. Co-worker, pretend not to luck, for fiery energies are subtle, and crude egotism does not contain the fires. Thus, let us remember about humility when we wish to be truly successful.

Fiery World III, 154. Discernment, a quality of the spirit, can be exercised in examination of those actions which especially clearly reveal the depths of the heart. Precisely there where humility is lacking will be a place for imposture. There where Hierarchy is not revered, will be a place for blasphemy. There where the Decree of the Higher Forces is affirmed only insubordinately, will egoism be hidden. And there where the Fiery Teacher is absent the direction will not be on the side of the Teaching. One cannot realize the great Teaching without the Fiery Teacher, without a striving of the spirit to the World of the Teacher. The manifestation of the Fiery Teacher is the path to the Fiery World. Thus, the records of space are filled with self-styled Teachers, but the Guiding Principle is the Fiery Teacher. One cannot pass without Him, one cannot advance without Him, one cannot attain without Him. Thus let us remember, in creating a better future.

Fiery World III, 500. The worst of all is to understand humility as mediocrity. Humility is the worthy carrying out of Service. Is standing guard before the trusted gates insignificant? Not insignificant is a resolution to perform better labor. Reverence of the Fiery World cannot be of no account. But true Service lies in the toil of patient endurance and perfectionment. Such quality pertains to the Fiery Path.

Supermundane IV, 1938

Supermundane IV, 878. Urusvati knows the true meaning of self-criticism. For some it is like a millstone around the neck, for others it is a gateway to achievements. Let us not behave like slaves under the burden of the millstone, and impede our way into the Supermundane World!

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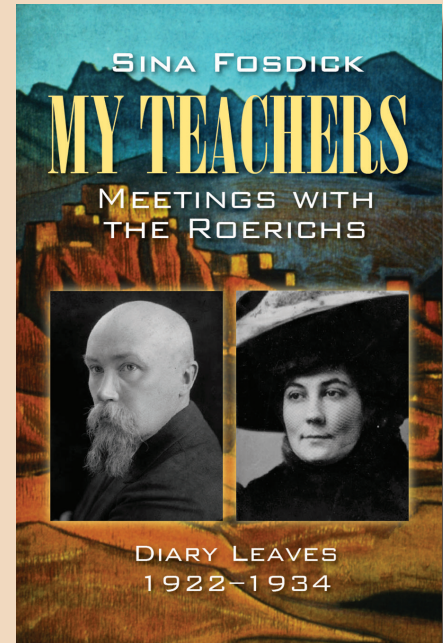
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Through Sina's firsthand accounts, *My Teachers* gives rare glimpses into the lives of two extraordinary people whose influence then and now continues to touch spiritual students worldwide—through the Agni Yoga series of books, their individual writings, and the sublime artwork of a master painter and a Teacher of the Ageless Wisdom who taught that Beauty through culture and the development of right human relations is the answer to humanity's ills.

"If not for the Roerichs, then none of our work, the school, Corona Mundi, or the museum would ever exist.... N.K. is not only a great world-class painter [and] not only a great sage but a Brother of the White Brotherhood and a great spirit, who has given us a chance to participate in the Great Mystery, the Great Plan. We received this treasure of spirit, knowledge, and power through the Roerichs, who are disciples, children of M., carrying out His will on Earth."



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Humility

One should not look back and thus stumble on the stony path. Only forward, untiringly forward! Let each mistake be a stepping stone to a new victory.

Let us not misunderstand the high concept of humility, with which one must stand before the grandeur of the Cosmic Laws, before the realization of the Higher World, before the inspiration of the creative Fire. However, climb boldly on the ladder of achievement, and let nothing impede spiritual daring! Science should confirm how much the vibrations of the ascending spirit are needed. The consciousness, out of its depth, prompts man that the way to victory has been ordained for him.

The Thinker said, "Do not set out on a long journey overburdened, but provide yourself with a torch of hope."

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The Teacher and the Teaching

indications for life as applied to each necessity. Just as lightning flashes wherever a sufficient electrical charge has accumulated, so does the Indication speed to wherever possibilities have increased.

While affirming the common unity, the Teaching of Life must address itself to each person. The Teaching offers solutions to one's daily problems. Sometimes it seems that the Teaching repeats already discussed themes. But compare these directives, and you will see that they touch upon entirely different problems in life. The outer signs have no significance. People can grow pale, or blush, for different reasons.

Agni Yoga, 413. The Teaching grows spirally, as does all that exists. Bless-

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Networkers Letter

organism, and in the time of need, they supply energy to the organism and cure it if it is sick. The crystals of psychic energy melt the poisonous elements in the body. Many microbes are burned, many pollutions and poisonings are cleansed by the crystals of psychic energy.

"In raising our aspiration through prayer, meditation, dedication, and sacrificial service, we not only increase our psychic energy but we also increase the crystals of psychic energy within our body. We are told that it is possible to direct these crystals toward certain organs and cure them.

"Aspirations and elevation of the heart create a certain kind of heat in our system. It is this heat that makes the organs assimilate the crystals of

ings to those who understand the intermittency of the spiral fire.

***Infinity I*, 1930**

Infinity I, 60. Each one must find the key to the Teaching in his heart. Understanding of the universal Teaching can unfold the creativeness of the spirit. The Image of the Teacher can provide an illumined path into the cosmic expanse.

The Brothers of Humanity are a moving force, but it is difficult for humanity to accept that which is unapparent to a crude sight. When the time will come for affirming the fact that straight-knowledge has more power than the eye, then will the consciousness, the intuition, and the subtlety of the human spirit be aroused.

psychic energy. These crystals of psychic energy are used as the propelling energy for the astral and mental bodies during the subjective journey or during the transition. They also penetrate as electrical energies into the thread of the protecting network. Those who have stored a sufficient amount of psychic crystals in their system will traverse Space in joy and in victory.

"During daily labor and in times of crisis, these crystals provide additional energy to fill the reservoirs of the depleted energy. The crystals of psychic energy are assimilated by the aura; they create a luminous, golden hue within the aura, which in turn charges the spoken words and thoughts."¹

As a reminder, you are all invited to attend the WMEA Living Ethics annual conference, which is being held March 23–27. The schedule and registration form can be found online at:

<http://wmea-world.org/HAPPENING/conference.htm>

More information will be e-mailed in the coming weeks, but we encourage early registration to assure your lodging accommodations.

With love,



Joleen Dianne DuBois
President and founder of the WMEA

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¹ Torikom Saraydarian, *Other Worlds*, 443-445.
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February–March 2015



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*The Ohio (Marysville) WMEA Group meets monthly for Sun Festivals and classes. Please call **Kathy O'Conner** at (937) 642-5910 for complete information.*

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*The Colorado (Longmont) WMEA Study Group meets each month for Full Moon meditation gatherings. Please call **Doreen Trees** at (303) 651-1908 for complete information.*

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- Sun. 1** **Solar Festival of Aquarius** with Rev. Valarie Drost, 10:30 a.m., Izvara Center
- Wed. 4** Class: *Adventures in Consciousness*, 7–8 p.m., Izvara Center
- Sun. 8** Sunday Service: Lecture, *“The Effects of Negativity Upon Your Consciousness”* with Rev. Joleen DuBois, meditation and music, 10:30 a.m., Izvara Center
- Wed. 11** Class: *Adventures in Consciousness*, 7–8 p.m., Izvara Center
- Sun 15** Sunday Service: Lecture, *“The Importance of Being a Spiritually Independent Person”* with Rev. Joleen DuBois, meditation and music, 10:30 a.m., Izvara Center
- Wed. 18** Class: *Adventures in Consciousness*, 7–8 p.m., Izvara Center
- Sun 22** Sunday Service: Lecture, *“The Wisdom and Power of Humility”* with Rev. Joleen DuBois, meditation and music, 10:30 a.m., Izvara Center
- Wed. 25** Class: *Adventures in Consciousness*, 7–8 p.m., Izvara Center

March

- Sun. 1** Sunday Service: Lecture, *“Harmony and Your Purpose in Life”* with Rev. Joleen DuBois, meditation and music, 10:30 a.m., Izvara Center
- Wed. 4** **Solar Festival of Pisces**, 7–8 p.m., Izvara Center
- Sun. 8** Sunday Service: Lecture, *“Hindrances that Halt Our Life,”* with Rev. Joleen DuBois, meditation and music, 10:30 a.m., Izvara Center
- Wed. 11** Class: *Adventures in Consciousness*, 7–8 p.m., Izvara Center
- Sun. 15** Sunday Service: Lecture, *“Love and Hatred,”* with Rev. Joleen DuBois, 10:30 a.m., Izvara Center
- Wed. 18** Class: *Adventures in Consciousness*, 7–8 p.m., Izvara Center
- Sun. 22** Sunday Service: Lecture, *“Gratitude to the Teaching”* with Rev. Joleen DuBois, meditation and music, 10:30 a.m., Izvara Center
- March 23–27** **Annual Living Ethics Conference**
- Sun. 29** Sunday Service: Lecture, *“A Morning with Torkom Saraydarian”* video (no live broadcast), 10:30 a.m., Izvara Center

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