# Meditation Monthly International

## Agni Yoga & Hierarchy

### Leaves of Morya's Garden I, The Call, 1924

The Call, 395. Respect the principle of Hierarchy.

In Brotherhoods great and small, all actions are given through the Elders.

There may be teachings and inspirations, but actions originate from One Source.

### Hierarchy, 1931

*Hierarchy, Preface.* Merging into the waves of the Infinite, we may be compared to flowers torn away by a storm. How shall we find ourselves transfigured in the ocean of the Infinite?

It would be unwise to send out a boat without a rudder. But the Pilot is predestined and the creation of the heart will not be precipitated into the abyss. Like milestones on a luminous path, the Brothers of Humanity, ever alert, are standing on guard, ready to lead the traveler into the chain of ascent.

Hierarchy is not coercion, it is the law of the Universe. It is not a threat, but the call of the heart and a fiery admonition directing toward the General Good.

Thus, let us cognize the Hierarchy of Light.

*Hierarchy*, 360. How pervertedly people interpret the foundations of the world! What formulas they invent for the interpretation of vital principles! Without understanding the great foundations of the unity of all cosmic principles, they saturate space with all the disrupting principles. Thus, there results imbalance of the origins, disunion of all the highest principles, and striving to many authorities. Thus, dividing the great Origin of Hierarchy through human frailty brings its effects, and humanity strains all efforts to depreciate the great Principle. Thus occurs the substitution of the small for the Great.

Hierarchy, 361. Verily, the cosmic Origins are wondrous in their might, and the creative law of Hierarchy imbues all with fire. Therefore, at the base of the entire Cosmos lies the law of the great unification of the highest fires. Hence all great designations should not be dissociated. And the foundation of the future, the radiant Hierarchy of bliss, is indeed intensified in the assertion of great laws. Verily, it must be remembered that one can build only through Hierarchy. One may be in the orbit affirmed by Hierarchy only when the consciousness understands that a blow upon the Shield of the Name of the Hierarch is a blow at Us, and each one permitting a blow pays dearly. Thus, in unity lies the success of all works. The admittance of depreciation is an evidence of faint-heartedness and defection. Unity is a wondrous fire!

*Hierarchy*, 363. During cosmic perturbations purifying fires are accumulated, which intensify the atmosphere *continued on page 6* 



# Networkers' Letter

### Dear Friends,

During the outpouring flow of creative energies streaming forth from the three major full moons of Aries, Taurus, and Gemini, new ideas have sprung forward regarding group endeavors. This year is no different.

During the month of Aries, the WMEA published an Agni Yoga booklet called Ailments & Remedies. This booklet, which is now available, is a compilation that was initially created by an early Agni Yoga member, Elizabeth Meeker. Our publication committee began organizing these compilations during the summer of 2010, initially placing them into our computers, then proofreading them, and finally adding additional information to the compilation from books published subsequent to the original compilations. This group endeavor is being done with the cooperation and permission of Daniel Entin, Director of the Agni Yoga Society in New York City, New York, U.S.A. More new booklets will be forthcoming in the next few months.

During the month of Taurus, the anniversary committee met, giving "birth to" what promises to be a very lovely 29th anniversary celebration of the founding of the WMEA. You are invited to attend and help us share in this beautiful and joyful celebration. The theme of the anniversary is Beauty: The Pathway of Our Future. The date for our anniversary celebration will be Saturday, October 15. The morning will begin with a talk by Joleen on "The Realm of Beauty," followed by a group discussion on how beauty impacts our life. The afternoon will include a luncheon celebration and a PowerPoint presentation and lecture by Joleen titled "A Glimpse Behind the Art of Nicholas Roerich," an extended version of her original presentation. The featured presentation of the afternoon will be "Beauty: The Pathway of Our Future," which will include readings of original poetry created and performed by longtime students of the Ageless Wisdom; explanations of spiritual and esoteric symbols in the original artwork of two professional artists in the group, who are also longtime students of the Ageless Wisdom; plus creative art ideas presented by

a very beautiful, innovative member of the group. The whole schedule and registration form for the anniversary



will soon be posted on the WMEA website: http://www.wmea-world.org.

During the period of the three main Sun Festivals, new and exciting ideas are being constructed that will be added to next year's annual Living Ethics preconference and main conference. We will give the conference details in our next issue of MMI, but the dates have already been established: Preconference, March 24–25; Main Conference, March 26–30 (Monday evening through Friday noon).

Beauty is a major principle in the Agni Yoga Teaching. Why? Helena Roerich wrote: My heart longs to inspire you with the joy of majesty and beauty which the Teaching of Life opens to you.<sup>1</sup>

Strive, my friends! Is it so difficult if you have before you the Image of Beauty? Is it not the highest joy to bring every bit of yourself to the service of the General Good? The achievements are so beautiful, and there are no limits to them! But all the possibility, all the joy of it, is only in ourselves.<sup>2</sup>

Remember to check our website for updates and also to subscribe to the new monthly Zodiac Newsletter, the bimonthly publication *Meditation Monthly International*, and the Living Ethics Forum: <u>http://www.</u> <u>wmea-world.org</u>.

With love,

Jdeen D Du Bain

Joleen DuBois, president White Mountain Education Association

1. Letters of Helena Roerich I, 19 October 1929. ©

1954 Agni Yoga Society, Inc. 2. Ibid., 11 February 1929.

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Cover art by Nicholas Roerich

# **Consciousness and the Law of Hierarchy**

### by Rev. Joleen DuBois

You write that even some good people do not understand the book, Hierarchy. This only shows us once more how careful one must be in order not to frighten those whose consciousness is not yet sufficiently developed. The process of the growth of consciousness and the assimilation of new ideas is very, very slow. Therefore, forcing is dangerous.

Only a developed consciousness can completely realize and ardently accept the great law of Hierarchy. Let us recall that our own consciousness also was gradually prepared for accepting this great foundation of cosmic creation and evolution.

Please try to practice the maximum tolerance toward newcomers, and do not demand too much. We may expect extreme tension only from the nearest co-workers, whose consciousness is growing together with their work. They know the significance of the cosmic battle that is going on. They know that the more direct their path *is, the more difficult and responsible* is their achievement. They know that the difficulty itself is a sign of the quickest achievement. They are used to overcoming difficulties by the striving of spirit, and they know and have witnessed many victories.<sup>1</sup>

Most people, when they begin a spiritual search, are, in essence, searching for remedies to their life; they are searching for the meaning in their life, for ways to make sense out of their life. They want to find direction in their life and to have a sense of security, stability, joy, health, and happiness. A spiritual search is usually provoked by divine discontent.

Oftentimes when a newcomer enters the group life, he brings many of his previous teachings along, trying to integrate those teachings with Agni Yoga, trying to merge what he has brought with him with the new ideas. Or, the person will engage in a comparative study. Personally I think it is easier for some students to come to the Teaching without contradictions. But when these things happen, it may be more helpful for the person to "empty himself." A person needs to empty himself to be filled with fullness. You empty yourself to achieve unity with the whole. It is a very challenging process to empty oneself.



What does it mean to empty oneself? It means to clean one's body, eliminate negative emotions, eliminate that which is false from the mind, and exercise control over one's speech and thought life; in other words: to become mindful. In the early esoteric schools, such as that of Pythagoras, new students had to be 'silent' and only observe the classes. They had to try to keep their thoughts silent and be open to the new ideas. The students would have to eliminate negative emotions and eliminate that which is false from the mind. They could not speak or ask questions for five years.

To be mindful means to allow your thoughts, emotions, and physical sensa-

tions to come and go, without judging or getting involved with them. Mindfulness is non-judgmental observation. It is that ability of the mind to observe without criticism, without forming negative opinions. With this ability, one sees things without condemnation or judgment. What is the result? The person will take a balanced interest in things.

For some time, the person will not decide, nor judge, but just observe. To empty oneself is a basic, yet powerful, first step toward meditation and expansion of consciousness.

Consciousness is understood as the lighted area in one's higher mind. As light increases, the consciousness expands. As light increases, the past is left behind; old outworn ideas, opinions, and prejudices are eliminated: and a vacuum is created that allows new ideas to be born in such a way that the consciousness expands and the disciple advances into greater and higher service to the Plan of Hierarchy. But this takes time, during which the disciple undergoes many spiritual tests and trials, refinements and transformations, all the while being drawn more closely into understanding the Laws of the spiritual Hierarchy.

When a person's consciousness is young and evolving, he or she will have a strong impulse, or thirst, to go beyond his or her present level of understanding. She wants to learn more, experience more, feel more, and understand more. He is no longer satisfied to simply accept the textbooks of his past or the lessons learned by his parents and former teachers. She has reached the stage of divine discontent. At this stage, there is a prompting from within to bloom, to advance his or her level of consciousness and awareness of life. It is at this stage that the person is undergoing an awakening and is in alignment with his or her Divine Self.

How would one define the Divine Self? The Divine Self is the archetype of what we become when we reach a full inner blooming—self-perfectment. The Divine Self is the Monad. The Monad is defined in Agni Yoga as "the seed of the spirit," which "is a fragment of the element of fire. And the energy accumulated around it is consciousness."<sup>2</sup>

When a person's consciousness remains stagnant, she has lost her inspiration to investigate new ideas, new

concepts, and has fallen into various stages of depression or even darkness, caused by her negative thinking and negative emotions. She has lost contact with higher sources of Life, i.e., points of inspiration. She no longer aspires toward future greatness, future accomplishment, future creative endeavors. She no longer strives but has become frozen in consciousness. She has lost contact with her Core and the flame of life is dim.

The Master M. says, "Since memory is for the past, consciousness is for the future. Therefore We replace memory by con-

sciousness.... Consciousness is akin to the spirit understanding; it grows until one's whole being is engulfed as in a flame."<sup>3</sup>

What is a striving consciousness? It is the kind of consciousness that understands the Purpose of life and strives for contact with greater sources of energy. Once such a contact is made, the person's soul potential is revealed and thus greater abilities are developed to use life more creatively. Such a person is one of unity; she is a bridge between the higher and the lower; between the outer life and the inner life. The light of her consciousness is expanding, and she is able to recognize her Divine Self. It is in this recognition and contact with the Divine Self that she aspires toward future greatness. She establishes a deeper communication with Hierarchy and is thus able to serve objectively in the world and subjectively in the Higher Worlds.

In this present age of "instant this or that," including "instant enlightenment," it must be understood that, in truth, there is no such thing as "instant enlightenment." What we are seeking that the difficulty itself is a sign of the quickest achievement. They are used to overcoming difficulties by the striving of spirit....

What is the great law of Hierarchy? It is the Law of Ascension on a gradual scale. We believe it is symbolized by the Ladder of Jacob. Each step on the Ladder depends on the former steps and extends to each higher step.

Each advancing human soul on the ladder exemplifies, to those on the for-

mer steps, how to proceed. They are examples of, let's say, compassion, right speech, humility and selfforgetfulness, which serve as stable, strong examples for those who will follow. Their examples are like lamps on the path; their expression of virtues and sacrificial service provide great inspiration to those who struggle on lower levels. In other words the whole chain of evolution advances together by the Law of Hierarchy. Think about it: who was responsible for leading you to this present station in your life? If you are a leader, who first led you? If you are a teacher, who first



Treasure of the World by Nicholas Roerich

is "sustained enlightenment." As the Master says, *The process of the growth of consciousness and the assimilation of new ideas is very, very slow.* We must prepare our consciousness in such a way that we are able to assimilate new ideas and then manifest them in creative and practical ways for all to enjoy and learn from.

Only a developed consciousness can completely realize and ardently accept the great law of Hierarchy.... We may expect extreme tension only from the nearest co-workers, whose consciousness is growing together with their work. ... They know that the more direct their path is, the more difficult and responsible is their achievement. They know taught you? Those who believe teachers and mentors are superfluous in the world of spirituality are hiding behind their ego. It is humility that shines ever brightly in those who reflect the Law of Hierarchy. They honor and recognize those responsible for blazing the path before them. They acknowledge and give full credit to those great heroes.

"Once a person realizes that he is in the current of the Law of the Hierarchy, there is no waste of time for him.... Once his consciousness accepts that he is in the [whole] chain, [a link in that chain]—[he is going to live] a responsible life in order to receive from the higher and transmit to the lower the pur-

5

est essence of what he receives."4

"Many people are struggling to find the higher step to hang onto. This higher step [of the Ladder] is often a teacher for whom they look. And once they find him, he becomes a link between them and a higher link.... What a grateful feeling it is to have your teacher. You in turn become a teacher for the lower link, equipped with all that is necessary [to serve as a lamp on the path for the lower link.]"<sup>5</sup>

The Law of Hierarchy enters into the light of your soul and leads you into Divine consciousness.

The path of tension is the path of striving. A person who has directed his life toward Hierarchy understands that the higher his consciousness is, the more tension there is in his or her life. He knows he has taken a more direct path than most, a life whose path of achievement is filled with difficulties and terrific responsibility. It is a tension that links him with Hierarchy and a departure from the usual conditions of life. A life of tension is not a fanatical life; it is a purposeful life that is linked with Hierarchy. It is living a heroic life.

Without quality of co-measurement one cannot be spiritual. What is "quality of co-measurement?" It is one of the qualities of true discipleship. The Master M. says, The condition of the Brotherhood is full co-measurement of thoughts and expression—this is the bulwark of the truth of beauty. To go through life with neither reticence nor exaggeration is easy. We sharply observe Our coworkers, for they should express themselves in conformity with the true meaning.<sup>6</sup> Co-measurement is taking all situations into consideration before making a decision or prior to taking action. The practice of co-measurement is a quality of true spirituality.

The one with a developed consciousness demonstrates co-measurement in all situations before taking the next step. *The best judgment will be founded upon beauty. It is ugly to say, "I shall put the*  giant into a little box," or, "The eagle soars like a hen.<sup>7</sup>" When the consciousness soars like an eagle, one's action is like a note in a sonata, where one's idea adds to the harmony of the whole construct.

Since early on I was exposed to coworkers who emphasized the importance of being "direct" when engaging in communication with one's Teacher or one's coworker, friend, etc. etc. They were, in fact, saying, "Do not be coy, cagey, social and/or indirect. Be honest and straightforward. Also, do not exaggerate; the Teaching advises, "do not exaggerate."

Be aware of co-workers with small consciousnesses, as the small consciousness will try to belittle everything.... [W]e know that destruction results ... from belittling and non-appreciation.<sup>8</sup>

Belittling is the action of one who is not mindful and has not emptied himself of his vanity and ego. The act of belittling is the action of one who is lacking in humility. "Humility is the flower of millions of years of experience. The higher the reality, the higher is the sanity and the deeper is the humility.

To belittle means to diminish. Belittling your coworkers' or Teacher's labor is to make their labor seemingly insignificant. The belittling one can demean the accomplishments of others in either overt or covert ways, planting seeds of doubt about another person's or group's labor, beauty, striving, and achievements. It is important that you recognize and be aware of coworkers who hold such a small consciousness.

Every move toward the higher link provides an opportunity for lesser disciples to move ahead on the chain of Hierarchy. But some links are full of *separatism, glamors, and illusions*. Their personality is not responding to the Law of Hierarchy. Karma tries to help the one in the process of his life, but if he does not transform his consciousness, his personality will perish. When a student belittles the Teacher, demeans the work, the labor of the Teacher, he puts himself in danger.

It is the Law of the Hierarchy that creates integrity, alignment, inspiration, striving, harmony, cooperation and an ever-deepening vision in those who are part of the movement.<sup>9</sup>

### Notes

- 1 Letters of Helena Roerich I, 30 June 1931. © 1954 Agni Yoga Society, Inc.
- 2 Agni Yoga, 6th ed., sutra 275. © 1997 Agni Yoga Society, Inc.
- 3 Leaves of Morya's Garden, Book Two, p. 43.
   © 1952 Agni Yoga Society, Inc.
- 4 Torkom Saraydarian, *The Eyes of Hierarchy*, p. 87. © 1998 The Creative Trust
  5 Ibid.
- 6 Leaves of Morya's Garden, Book Two, p. 123. © 1952 Agni Yoga Society, Inc.
  7 Ibid.
- Letters of Helena Roerich I, 30 June 1931. C 1954 Agni Yoga Society, Inc.
- 9 Torkom Saraydarian, *The Eyes of Hierarchy*, p. 91. © 1998 The Creative Trust.



and propel the fires for the construction of the New World. Thus, upon the ruins of the old world there rises a new evolution and the Epoch of Fire which terminates Kali Yuga and saturates space with the fire of the New World. Thus, the all-encompassing Banner of the Lords summons to pure creativeness. Thus, the avowal of Hierarchy enters life. Thus, We welcome everything that is directed to Good. Thus, We welcome everything imbued with a pure striving to walk the higher path.

*Hierarchy*, 398. The accumulations of cosmic energies correspond to the affirmations of human disturbances of spirit. During such cosmic correspondence the disturbances can be resolved only by such a powerful lever as Hierarchy. When the chain of events destroys the old foundations, saturating space with tossing energies, then certainly a force is needed that can propel all energies to new constructiveness. Hierarchy is the link that transforms the departing energies into a radiant future. To the world, Hierarchy is the affirmation of a cosmic dimension. In Cosmos everything is bound by the affirmed dimensions of a powerful Hierarchy. Thus, all energies are mutually bound. Thus, the thread of the heart is linked with Hierarchy. Thus, this great bond establishes the cosmic Substance.

#### Aum, 1936

Aum, 60. Reverence of Hierarchy will affirm the closeness of the Higher World. In cooperation with Hierarchy do you find firm bridges to that shore. Every belief reveals the Guardian Angels, Guides, and Comforters; under the various names lies the same concept of Hierarchy. Verily, let each one understand in his own way, but let each heart strive upwards. In this alone is the path to perfection.

The manifestation of prayer is communion with the most Beautiful.

### *Letters of Helena Roerich I,* 1929–1935

Letters of Helena Roerich I, 19 October 1929. Today, I write using the words of the Great Teacher about the Sacrament of Hierarchy. Truly, this is a sacrament because it is based upon the immutable and exact law of the Cosmic Magnet which leads all beings to perfection. It is necessary to realize the Hierarchy clearly, precisely, and broadly as the only way toward progress. We must realize the whole chain of Hierarchy, holding strongly to our nearest link. Woe to the one who tries to skip this link and thus loses his connection. It is impossible to catch up again, as the rhythm of the movement of the whole chain will carry away the saving link. Grave indeed is this error! How much time will be lost in trying to recover the vibrating link which responds to the call. But the new link will be different in sequence and tension because the previous one has been carried away in the rhythmic striving of the whole Hierarchical chain.

Letters of Helena Roerich I, 19 October 1929. Therefore, let us not delay the transmutation of our consciousness. Let us remember the leading Hierarch, and let us honor the nearest, the earthly Guru. "The earthly Guru is given for reverence, for progress, for unity, for construction." By neglecting the Guru, by depreciating the Guru, one neglects and demeans the Great Teacher who confirmed the Guru because the Guru is the representative of the Great Teacher. Let us remember how the Lords of Light hold sacred the Sacrament of Hierarchy. The Hierarch carries the Synthesis of the Chalice and, therefore. He holds both obedience and command. The one who does not know the art of obeying will not attain the art of commanding. Beautiful are these two concepts. Conscious subordination approaches command. After the firm realization of Hierarchy, we shall with all our heart begin a deeper understanding of the Teaching of Life. It hurts the heart to feel how little understood are those treasures which the Teacher bestows so generously. On these treasures will be founded the new race. Ponder over the majesty of what is given!

Letters of Helena Roerich I, 17 August 1930. "Too little time is left for burning oil in your lamps." Please realize how serious is this Indication. Those who do not approach the Hierarchy of Light during this life may forever lose this connection. You know how I dislike to frighten, how all my being is striving to bring only joy, but you also know about the limited time.

Letters of Helena Roerich I, 17 August 1930. Do not break the wonderful connecting thread. After the break, the fall would carry you far away. Be of good cheer and courage, and find joy in the salutary Indications of the Hierarchy of Light. Let us firmly remember that the most powerful force, which transmutes various energies, is the magnet of the heart. "All currents are transmuted by this magnet. The human being is attracted to this magnet; that is why the transmuting power is in the heart."

Letters of Helena Roerich I, 17 December 1930. "How can we achieve comprehension of the magnet if we doubt the Indications of the Lord? How can we conquer an enemy if we doubt the power granted to us? How can we expect to build anything strong if we do not admit the ineradicable Indications of Hierarchy? It may seem that I repeat myself, but because of your hesitant pace in action there is need for an attentive study of the Indications. Remember how the Teaching promotes the progress of work."





The Florida (Sarasota) WMEA Study Group. Please call Ginette Parisi at (941) 925-0549 for complete information. The Ohio (Marysville) WMEA group meets monthly for Sun Festivals and classes. Please call Kathy O'Conner at (937) 642-5910 for complete information.

### June

- Sun. 5 Sunday Service: Meditation, Singing, and Lecture "The Progress of Our Soul" with Kathryn Agrell, 10:00 a.m., Creekside Center
- Mon. 6 Class: Introduction to the Ageless Wisdom, 5–6 p.m., WMEA Center
- Tue. 7 Paloria Study Group, 6:30–8:30 p.m., WMEA Center
- Wed. 8 Class: The Creative Fire Study Group, 7–8 p.m., WMEA Center
- Sun. 12 Sunday Service: Meditation, Singing, and Lecture "The Enemies of Transformation" with Rev. Joleen DuBois, 10:00 a.m., Creekside Center
- Mon. 13 Class: Introduction to the Ageless Wisdom, 5–6 p.m., WMEA Center
- Tue. 14 *Festival of Humanity* (Gemini), Rev. Joleen DuBois 7–8 p.m., WMEA Center
- Wed. 15 Class: **The Creative Fire Study Group**, 7–8 p.m., WMEA Center
- Sun. 19 Sunday Service: Meditation, Singing, and Lecture "Father's Day" with Lewis Agrell, 10:00 a.m., Creekside Center
- Mon. 20 Class: Introduction to the Ageless Wisdom, 5–6 p.m., WMEA Center
- Tue. 21 Paloria Study Group, 6:30-8:30 p.m., WMEA Center
- Wed. 22 Class: **The Creative Fire Study Group**, 7–8 p.m., WMEA Center
- Sun 26 Sunday Service: Meditation, Singing, and Lecture *"The Journey of the Soul"* with Rev. Joleen DuBois, 10:00 a.m., Creekside Center
- Mon. 27 Class: Introduction to the Ageless Wisdom, 5–6 p.m., WMEA Center
- Wed. 29 Class: The Creative Fire Study Group, 7–8 p.m., WMEA Center

The Puerto Rico WMEA Group meets weekly to study the Teachings. Please call Jennifer Santiago at (787) 649-3817 or Pedro Serrano (787) 789-8692 for complete information. The Colorado (Longmont) WMEA Study Group meets each month for Full Moon meditation gatherings. Please call Doreen Trees at (303) 651-1908 for complete information.

### July

- Sun. 3 Sunday Service: Meditation, Singing, and Lecture "Freedom" with Rev. Joleen DuBois, 10:00 a.m., Creekside Center
- Mon. 4 Class: Introduction to the Ageless Wisdom, 5–6 p.m., WMEA Center
- Wed. 6 Class: The Creative Fire Study Group, 7–8 p.m., WMEA Center
- Sun. 10 Sunday Service: Meditation, Singing, and Lecture "Soul Infusion" with Carol Woodard, 10:00 a.m., Creekside Center
- Mon. 11 Class: Introduction to the Ageless Wisdom, 5–6 p.m., WMEA Center
- Wed. 13 Sun Festival of Cancer, Lecture and Meditation with Rev. Valarie Drost, 7–8 p.m., WMEA Center
- Sun. 17 Sunday Service: Meditation, Singing, and Lecture "Life's Riches" with Gay Hendin, 10:00 a.m., Creekside Center
- Mon. 18 Class: Introduction to the Ageless Wisdom, 5–6 p.m., WMEA Center
- Wed. 20 Class: The Creative Fire Study Group, 7–8 p.m., WMEA Center
- Sun. 24 Sunday Service: Meditation, Singing, and Lecture "The Golden Bridge" with Saskia Frau, 10:00 a.m., Creekside Center
- Wed. 27 Class: **The Creative Fire Study Group**, 7–8 p.m., WMEA Center
- Sun. 31 Sunday Service: Meditation, Singing, and Lecture "Are You a Responsible Person?" with Rev. Joleen DuBois, 10:00 a.m., Creekside Center

#### Ask about Sunday classes for kids and teens.

### All Sunday lectures from Prescott are available on CD. CDs are \$7.00 <u>plus</u> \$5.00 for postage and handling (increase due to new postal rates). Please send your order to: WMEA, 543 Eastwood Drive, Prescott, AZ 86303.

*WMEA Center:* 543 Eastwood Dr., Prescott – Phone: (928) 778-0638 for information. Creekside Center: 337 N. Rush St., Prescott (Mail for WMEA will <u>not</u> be accepted at this address.)

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