



Meditation Monthly International

Agni Yoga & Beauty

Learn to approach Our Heights pure of heart.
Our Ray will shine upon thee to exalt thy daily life.
You carry stones for the erection of My Temple.
Teach others by My Word and wisdom will flourish;
And a new Temple will be raised.
Do not regard Me as magician,
yet can I lead thee along the ladder of Beauty
beheld only in dreams.
Wafting to thee the fragrance from the mountains of
Tibet, We bring the message of a new religion
of the pure spirit to humanity.
It is coming; and thou, united here in search of light,
bear the precious stone.
To thee is revealed the miracle of creating
life's harmony.
It will reveal to the world a new order.

Leaves Of Morya's Garden I, 1924, para. 43

A pure conception of music
helps the transmission of the current.
We pray by sounds and by the symbols of Beauty.
Heart and mind struggle not when they float
upon the Ocean of Creation.
And the bird of the spirit flutters upon the
breeze of harmony.
And the steel of the word flashes in the
furnace of Truth.

Leaves Of Morya's Garden I, 1924, para. 181

The miracle of Beauty in the adornment of
our daily lives will exalt mankind.
Uphold thy light.
Illumine the beauties of My Temple.
Teach the Joy of Beauty.
Teach the Happiness of Wisdom.
Teach the Bliss of Love.
Teach the Glory of Unity with God.
I will grant thee the power and fleetness of
Mercury.

Leaves Of Morya's Garden I, 1924, para. 45

My Friends! Happiness lies in serving
the salvation of Humanity.
Put aside all prejudices and, summoning thy spiritual
forces, aid mankind.
Turn the unsightly towards beauty.
As the tree renews its leaves, so shall men flourish
on the path of righteousness.

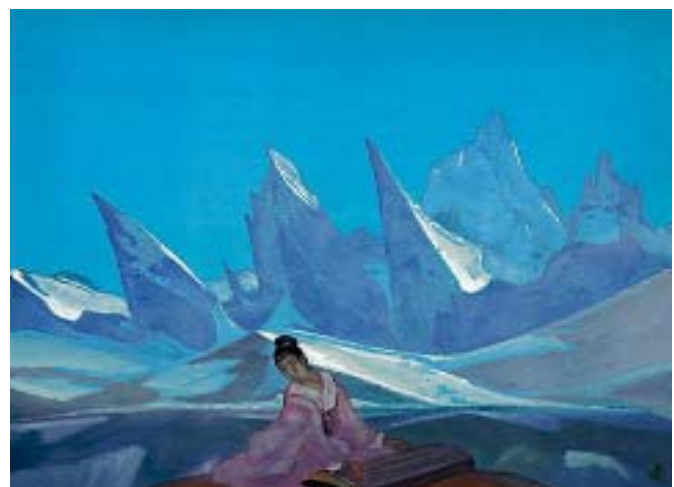
Leaves Of Morya's Garden I, 1924, para. 4

First let us affirm contempt of food.
As the fallen fruit is gathered in a basket,
so are the outgrown thoughts carried away.
So, the knowledge of human imperfection ever existed,
but this fruit is also fallen.

At the gates of the New World the crowds gather.
Yet they perceive not the portals.
But easy are the steps of the spirit.
By a single wish are worldly desires surmounted.
Blessed are you who aspire to Beauty.

Leaves Of Morya's Garden I, 1924, para. 271

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Cover picture: *Kwan-yin*
by Nicholas Roerich

Networkers' Letter

by Joleen D. Du Bois

Dear Friends,

The New Year is an event that happens when a culture celebrates the end of one year and the beginning of the next. Cultures that measure yearly calendars all have New Year celebrations.

In the United States, cultural images include old Father Time leaving, with a sash proclaiming the old year, as an infant enters with a sash proclaiming the New Year.

In Scotland, there are many special customs associated with the New Year. Hogmanay is the celebration of the New Year in the Scottish manner. Its official date is the 31st of December. However this is normally only the start of a celebration that lasts through the night until the morning of the 1st or, in many cases, the 2nd of January.

In the Netherlands and some other European countries, the New Year is greeted with massive private fireworks. The custom may have been imported by Chinese immigrants in the early twentieth century. In some countries this day is also the occasion to make bonfires of discarded Christmas trees.

Rosh Hashanah is the Jewish spiritual New Year, which is a celebration that occurs 163 days before Pesach (Passover). In the Gregorian calendar at present, Rosh Hashanah cannot occur before September 5, as it occurred in 1899, until the year 2013.

In the Middle Ages, the Roman Catholic church started its ecclesiastical year on a principal Christian feast, like Easter or Christmas. This was followed by many European administrations. Since the seventeenth century, the Catholic ecclesiastical year has started on the first day of Advent.

In England the New Year did not legally change from the 25th of March to the 1st of January until 1752, although for a long time before this it was com-

mon practice to treat the 1st of January as the start of the year.

The Chinese New Year is generally celebrated with firecrackers, and in some places with a parade. It falls at a new moon during the Chinese winter, at the end of January or the beginning of February. In 2004 the Chinese New Year begins January 22nd—the Year of the Monkey. The Vietnamese celebrate the New Year on the same day as the Chinese.

The Thai New Year is celebrated from April 13 to April 15. However, some say this has changed and Thailand now celebrates the New Year on January 1st.

In the esoteric tradition most spiritual students celebrate the New Year in two fashions: a) according to the tradition of their native country and b) Wesak. Wesak will occur on May 4, 2004. It is celebrated as a time of transformation and opportunity to create new or expanded fields of service. It is a time to gather together with coworkers in solemn celebration and group meditation to be of use to the Hierarchy for world service. It is a seven-day period in which spiritual illumination can be possible, where seeds of great beauty, truth, and goodness start to bloom within our hearts.

In closing, I would like to say to each of you how grateful I am for the support you have given to the group during 2003—to our financial needs, energy needs and creative needs. As our group work continues to expand, I recognize this expansion is possible because of your own individual striving and expansion of consciousness, through your individual dedication to the group work, and love of Christ and Hierarchy. May your new year be blessed with health, prosperity and joy.

Yours in service,

Joleen D. DuBois, President

Agni Yoga Ponderings

“Learn to apply all your best efforts, and in this labor, accept Our greetings. Welcome to all seekers of the Common Good.”

To apply one's best efforts means “to give it all you've got,” to not do anything halfheartedly, to practice living the Teaching, and if one chooses to accept a task, to strive to do it with all three bodies working as a cooperative unit. Behind the putting forth of one's best efforts, there has to be a sense of vision, heart, perseverance, one-pointedness, striving to purify, and the ability to sacrifice—all energized by the five principles of Beauty, Goodness, Truth, Joy, and Freedom. It begins with right thoughts, which then beget right action. Impediments to putting forth one's best efforts are lack of integration, thoughtlessness, and negative polarization. How can we learn to apply the Teaching? Visualize the good, have no expectations, and try to detach from our lower self and from our reaction to others' personalities. The challenge is to go from just talking about making changes to making real efforts to change one's thoughts and emotions, to be positive, to practice the virtues, to try and be healthy.

Best efforts entail right motives. If labor is engaged in, and there is selfish motive, which is backed by a glamor, then how can one really put forth one's best effort? Think of a group of people coming together to create something beautiful, and each one brings with him or her a beautiful color and a rainbow is created. But one who comes with a muddy hue prevents harmony from being achieved. One's preoccupation with one's self-importance places impediments on the group. The best labor is the labor devoid of ego.

Aspiring disciples must with one foot take a step forward to transform their nature and with the other foot work for the Group. In this way balance is achieved. To work without transformation is disastrous to the Group work; to work only on oneself and not serve is energy suicide. In striving and labor, we become a part of the Brotherhood, and in our service, we are recognized by Them.

In wanting the Common Good, a life that is optimum for all, we have to create a world that

is not based on pain and suffering. People should not engage in professions that create suffering for human beings or for the beings in other kingdoms. With education, the knowledge of karma, and the understanding of synthesis, we can create a new future. This is why the new education is paramount.

To seek means to look for the Common Good, to recognize the Common Good, to work for the Common Good. We need to recognize the labor of groups and individuals who are serving the Common Good. This brings to the individual and the Group a sense of hope and a feeling of global interconnectedness. To seek means to see in ourselves and others that which is beautiful, good, free, joyful, true; it means to work for the whole, for one humanity, in all our endeavors. The Common Good is a universal good, the good in all. Searchers, wayshowers, who seek the good in all, recognize the good in all, work for the good in all, bless and protect the good in all.

“Family, clan, country, union of nations—each unit strives toward peace, toward betterment of life. Each unit of cooperation and communal life needs perfecting. No one can fix the limits of evolution.”

We are never a separate entity. We are always a part of a group whether we realize it or not. It's just that whatever we are faced with daily—family, coworkers, business associates—that is where our focus is.

Peace is freedom from the torment of the personality life. Peace is freedom from poverty; injustice; pain and suffering; hunger; imprisonment; torture; the lack of freedom to create, to express, to learn.

No one enjoys living in chaos, Even those who choose chaos, I believe, are

searching for peace, happiness, and health. Even if leaders of a country are mad, the populace itself yearns for peace and a better life, a life without chaos and fear. Everyone wants to live a happy, healthy, successful life, but the only way for this to occur is if living the virtues is given top priority worldwide. For all to live a better life, all must expand their consciousness. As long as the vices, illusions and glamors make decisions for humanity, there cannot be collective betterment. We need leaders throughout the world who can be effective in educating the populace on living true values, on global responsibility and honest communication. For the wealthy there needs to be a re-education to come to the realization to live more simply so that others may live.

Each unit wants to cooperate but it comes with internal and external impediments to cooperation. Each unit wants to be healthy, happy, successful, and prosperous but is often driven by wrong or selfish motives. All units, all forms, are imperfect and are here on Earth to work on perfecting themselves. To not want to cooperate goes against our divine archetype; the key to growth is to discover why.



Father Time

Cooperation has the qualities of: self-forgetfulness; respect—respect for who each person is in their heart of hearts and in their striving; tolerance and patience, which means to work beyond the personal, to stay focused on the vision, to have understanding; and creativity—because when we are linked through our heart and are able to get our personality trash out of the way, we enable the energies of creativity to flow through us. Something magnificent cannot be built with inferior materials. Likewise the Will of God can only be progressively manifested as the units that progress perfect themselves.

We war against others daily with our wrong thoughts, ill will, and wrong actions. To create peace, we must on any level engage in:

- Cessation of aggressions
- Cessation of selfish ambition
- Shared responsibility
- Recognition of common aims
- Recognition of outer and inner influences

Perhaps perfection is becoming all that you can be at whatever level you are on, so that no matter the level, there is a greater level to attain. At the level of an aspiring disciple, it begins with purifying the lower nature. Perfection is the striving toward greater beauty, purer expression, greater beingness. If I could picture it, it would be finite, but I cannot because it is an infinite attainment. I can only understand it as an urge to be better in all aspects and to become one with all.

Evolution is relative in that things may change without evolving. I believe that evolution means to progress, but we don't always do this. Everyone's evolution depends on everyone else's evolution. We move forward and the Hierarchy moves forward. No one can say this is it, the ultimate truth, or this is as far as I can go. Even if humanity destroys itself, life will continue. The indestructible flame of life will again impregnate the substance of space and the process of evolution will continue.

"Depression is the enemy of improvement. There can be no constructive building in doubt. There will be no learning under fear. Observation is a step toward justice. Selfhood is betrayal of self-renunciation. Without achievement there is no path."

There is an age-long battle between the forces of evolution and involution. When in depression, doubt, and fear, darkness obscures the light. The person plunges himself into the world of his lower nature and opens himself up to dark influences that feed into his depression, fear, and doubt. A vision or a goal may exist but cannot be manifested or achieved if inertia and chaos set in.

Doubt is a self-fulfilling prophesy. It reveals negativity, lack of trust, lack of faith, and concrete-mindedness. Aspiring disciples build forms, relationships and strive to build the Antahkarana Bridge, but if doubt is there or is allowed to take root, nothing will be completed, accomplished or healthy. Fear shuts down the mind and all high inspiration that would aid a spiritual student in reaching a true understanding.

God is absolute righteousness, so justice is the working out of karma and the rebalancing of life. We must learn to see for ourselves what we have created, and take responsibility for that which we have created. Without observation, we remain blind to the happenings of our life. The bad that we do comes back to us, but if we do not see the cause and effects, we will only see injustice.

Selfhood crowns the ego as king and it reigns over a very tiny, walled-in kingdom. How to know the difference between our real Self and false self? The false self wants. The real Self gives and is automatically replenished with the energy of spirit. The false self is fed but is never satisfied. The real Self is fed and glorified because it asks for naught. Only through the process of self-renunciation can we transform our nature. Selfhood is an unreal condition. Without striving toward achievement, there is no next anything, and next is the path. Each one must create the path upward upon which he or she walks. Self-renunciation means to find one's real Self.

We read but we only learn through experience. We study but we gather the essence only by it becoming real for us. Without achievement and striving toward an achievement, we are standing still. Say our goal is

the Third Initiation. How can it be reached without gradient achievement? Let us say that a person wants to become more loving. He becomes 10% more—that is an achievement, but the next goal is to become 20% more loving. The person sees the next step, and the next step ahead is the Path. The lower kingdoms change unconsciously through the forces of evolution. Man achieves only as he changes himself for the better. For example that an individual travels around the world in a hot air balloon. This can be seen as an accomplishment, but what it took to make the journey—overcoming the physical, emotional, and mental difficulties—that is an achievement.

If we could only see what we are in our essence instead of identifying with the lower self. But we can only build that bridge through renunciation, by having faith, and by seeing all those things that prevent our progress: doubt, fear, depression, ego, self-centeredness. These are what take us in the wrong direction.

"Cooperation must be based upon sound rules. This teaches orderliness; that is it helps the acquirement of rhythm. Thus even in daily work are expressed the great Laws of the Universe. It is especially needed to become accustomed from childhood to continuous labor. Let the better evolution be built upon labor as the measure of value."

Cooperation is an agreement to work together toward a goal or vision in a state of harmony. A sound rule is based on logic, reasoning, common sense, and behind that, a higher Principle. An arbitrary or unsound rule is only based on lower-self motives and will not cause cooperation but rejection. Rules must make sense. They should not be arbitrary or nonsensical or based on separatism. Rules that do not enhance cooperation create rejection and battle. Cooperation sees the future, so rules must be kept up-to-date as well as be goal-fitting.

Orderliness has behind it a plan. It is not arbitrary, whereas obsessive/compulsive behavior is mechanical/personality based and is not the outgrowth of a sound

plan. Cooperation is teamwork, but each team member has his or her own job to do. It is not everyone doing everyone else's job. This is a type of orderliness. Orderliness must also have right timing. I think of how each planet in the solar system has its job to do and how it steers clear of other planets. I think of the notes that make up a song—each note has its part to play, and when played at the right time, they create the whole symphony. Thus orderliness is each note doing its rightful job. Together, in order, the notes create rhythm and synthesis.

We are not separate from the Laws of the Universe. We live within an ocean of Laws, which impact upon us continuously. So we either cooperate with them or we do not. We create good or bad karma, we react or respond, we go with or against the flow of evolution. The key is to become aware of this throughout our days. Cause and effect teach us about the Laws. Laws make the world run according to the Plan of God. The Laws set the boundary lines and they must be obeyed and fulfilled. The Law of Love, for example, brings unity; the Law of Light brings illumination, and the Law of Willpower makes God's will to be manifested on Earth. In our everyday life we do things that are self-destructive because of the patterns we have created within our bodies, but eventually we will conquer these patterns. When we strive each day, we are working within the system of Laws; when we do not, we are fighting against them.

Labor is the striving to transform ourselves and others. If all could realize this, it would transform the actions that people take in this world as well as the labor they do. If children could learn this, they would see that no effort is pointless or valueless. Evolution is unconscious progress. Better evolution is conscious labor to evolve. We should not measure our days in money but see labor as the transformation into gold. Labor is the work to manifest the vision, and within our labor, there must be striving.



From Beyond by Nicholas Roerich

"And another absolute condition must be fulfilled. Labor must be voluntary. Cooperation must be voluntary. Community must be voluntary. Labor must not be enslaved by force. The condition of voluntary agreement must be laid into the foundation of advancement. No one may bring dissolution into the new house. Workers, builders, creators, can be likened to high-soaring eagles. Only in broad flight does the dust and rubbish of decay fall away."

I believe that labor leads to loving labor; that in the beginning, the untransformed personality will fight the urge to cooperate, to unify, and to engage in Group labor, because it does not want to give itself over to the work. As more and more labor is engaged in, the personality will either give way to the Soul or the personality will labor for the wrong reasons, seeing the labor as a way to create a new power base, as a way to build its sense of self-importance.

There is no cooperation unless it is born from within. A person may cooperate physically, but if not emotionally, mentally, or spiritually, there is no real cooperation and the work will suffer; it will not be lasting, integrated, and inspiring. Enforced cooperation creates instant rejection.

No one should force another to labor. Such forcing can be done through the manipulation of guilt or fear. Anything done for the

wrong reason through the use of force will eventually be rejected. No one must be coerced into doing anything. Soul energy, psychic energy, flows through our mechanism when we make the choice. Choice creates an urge toward cooperation.

In thinking about the word "voluntary," I think of how so much is imposed on the unfolding human soul through post-hypnotic suggestions, glamors, and illusions, so that when we take a step that is voluntary, it really isn't.

Cooperation is an urge from the Soul that is infused with enthusiasm. The unfolding human soul

may agree to cooperate and cause an inner battle to rage, but there will be no outside blame, no anger, hatred, karma being spewed because "I was made to" or "I had to and look what happened."

What is the new house? It is our lighted house, our house of spirit, which must be protected from ridicule and doubt.

All levels of discipleship begin with the workers laboring for a vision. The builders have the plan and they supervise the workers (such as committee heads do). The creator holds the vision and manifests it in higher matter. The creator is both a worker and a supervisor, and engages in all levels of the work.

We cannot get away from our personality trash by wallowing in it or by pretending that it is not there. Only by striving, meditation, service, and study is the dross burned away or left behind. It is certainly too heavy for higher flights. Broad flight is limitless vision, limitless growth and creativity. An eagle has keen vision and can see the depths and many vistas, as well as faraway, unimpeded horizons. He is strong, fearless, a master of life.

by Kathryn Agrell

The Fiery World of Agni Yoga

Agni Yoga provides the methods whereby the human organism can become receptive to higher energies. Through the science of Agni Yoga comes an understanding of our divine origin and of the differing grades of fire and its effects. The future is built on fire. Change is coming, the world is in a state of flux, and a new tension will be taking the place of the old one. Change is built into the cosmic system, and our old ways of thinking and behaving are being shaken to their very core. Because humanity has lost its sense of reality and plunged itself deeply into matter, a righting must take place, for only through the collapse of the old can room be made for the new. Through Agni Yoga, people will be shown the way to evolve through fiery transformation. Agni Yoga exists so that man may know the way to build the bridge to the Higher Worlds.

A disciple's ability to bring back knowledge from the Higher Worlds creates a link between the objective and subjective. The very qualities that an Agni Yogi possesses are proof of the higher connectedness. The Agni Yogi serves as an example of what can be manifested; Helena Roerich was living proof of this. An expanded consciousness permeates space with the fire of divinity. This is how a new era is created. An Agni Yogi is subject to feeling all that impacts the Earth, including those energies that are sent from the Brotherhood of Light. The Agni Yogi contains the full spectrum of fires, and all of his or her centers are active. One who carries these higher fires radiates them outward. Those who can absorb them do so, and then create from that impetus, as Urusvati did by bringing us the Higher Teachings, Teachings that existed before our planet was created. Through higher creativity, divinity is manifested on Earth. As we can recognize those who are Carriers of Light, we must not become a roadblock to their work.

A person must ask, by what is his or her life measured? By mundane standards—by what is important in the material world—or by spiritual principles? Imagine what humanity could create if we were all functioning at full capacity. Humanity needs to learn that

this is but a short trip in the material world, that the world in which we live is but an impermanent one, but the space in which the soul exists is infinite. If we could travel to the innermost recesses of our own heart, we would find the far-off worlds. Everything in the universe is linked and when we make ourselves into sensitive receivers, we will feel all that happens, but we will also be en rapport with the Cosmic Magnet.

The Higher Worlds are not reached by leaving life behind. Aspiring disciples must put themselves directly into the midst of the battle of life, and though it may be more difficult to reach the Higher, those who are engaged will go farther, having been tempered in the fire. Think of what it took to create an Urusvati!

The Agni Yogi is a refinery, an electrical receiving station, a power converter, a shock absorber. As each person on Earth comes to be that kind of a bridge—to be able to accept the energy and distribute it, so the world will change. To balance out the nasty creations of darkness, Disciples of Light must build forms of light, and because the darkness is so pervasive, Light Workers must labor continuously.

by Kathryn Agrell



Song of Morning by Nicholas Roerich

continued from page 1

You, My disciples,
behold!
Dream of the future and
you will see
the regeneration of the
world.
Forget not compassion in
your striving.
Understand Me.

Remember, Art is the one
vital medium of the
coming culture.
Through Beauty shalt
thou approach.
I bid thee pronounce
Beauty.
One said—Love.
Another said—Action.
Thou saidst—Beauty.

If you desire the gates to be opened,
pronounce My Sign.
I said Beauty in combat and victory.
I said Beauty, and failure was covered by
Beauty.
Mountains blossomed with Beauty.
And you must open the way for the
flowers of Beauty.
Let the children approach and bow before
Him Who brought the Beauty of the
great Universe.
Understand, there are no possessions—
nor decisions, nor pride, nor repentance.
There is one thing alone—Beauty.
And to thee I entrust it.
Guard, expound and affirm this Beauty.
Therein lies thy way.

With Beauty shall I meet those who will
attain Me.

And they are already on their way.

Leaves Of Morya's Garden I, para. 333



December / January 2004 CALENDAR OF EVENTS

The Florida (Sarasota)
WMEA Study Group meets
at 9:30 a.m., on alternate
Wednesday mornings in
Sarasota. Please call **Ginette
Parisi** at (941) 925-0549
for complete information.

The Ohio (Ashville) WMEA
Study Group meets twice a
month for meditation
gatherings. For upcoming
meeting dates and times,
please call **Kate Studebaker**
at (740) 983-6030.

The NEW Puerto Rico
WMEA Group – Please call
Saskia Frau at (787) 780-
6276 or (939) 389-1149
for complete information.

The Oregon (Lebanon)
WMEA Study Group meets
each month for a medita-
tion gathering. Please call
Vickie Stevens at (541)
258-6142 for complete
information.

The Colorado (Denver)
WMEA Study Group meets
each month for New & Full
Moon meditation gather-
ings. Please call **Beverly
Phillips** at (303) 757-7228
for complete information.

December 2003

- Tues. 2** Class: **Serving Humanity**, 7–8:15 p.m., WMEA Center
- Wed. 3** 6–6:45 p.m. *Choir Rehearsal*
7–8 p.m., **Agni Yoga Study Group**, WMEA Center
- Sun. 7** Sunday Service: “**Full Moon of Sagittarius**” Lecture and
meditation with Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills
Clubhouse

Men’s Group Meeting – Noon
Taj Mahal Restaraunt, Frontier Village Shopping Center
- Tue. 9** Class: **Serving Humanity**, 7–8:15 p.m., WMEA Center
- Wed. 10** 6–6:45 p.m. *Choir Rehearsal*
7–8 p.m., **Agni Yoga Study Group**, WMEA Center
- Sat. 13** **WMEA Holiday Party**, covered dish, songs & fun, bring the
kids! 6:00-9 p.m., Yavapai Hills Clubhouse
- Sun. 14** Sunday Service: Meditation, Singing, and Lecture “**Application
of the Teaching I: Love & Self-Perfection**” with Rev. Joleen
DuBois, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 16** Class: **Serving Humanity**, 7–8:15 p.m., WMEA Center
- Wed. 17** 6–6:45 p.m. *Choir Rehearsal*
7–8 p.m., **Agni Yoga Study Group**, WMEA Center
- Sun. 21** **Christmas Service** and celebration of Holy Communion with
Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 23** Winter Vacation – No Class
- Wed. 24** Winter Vacation – No Class, No Choir
- Sun. 28** Sunday Service: Meditation, Singing, and Lecture “**Application
of the Teaching II: Solemnity & Improvement**” with Rev.
Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 30** Winter Vacation – No Class
- Wed. 31** Winter Vacation – No Class, No Choir

January 2004

- Thur. 1** **Happy New Year!**
- Sun. 4** Sunday Service: Meditation, Singing, and Lecture “**Applica-
tion of the Teaching III: Silence & Guidance**” with Rev.
Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse

Men’s Group Meeting, Noon
- Tue. 6** Class: **Other Worlds**, 7–8:15 p.m., WMEA Center
- Wed. 7** **Full Moon of Capricorn**, Meditation and lecture with Rev.
Joleen DuBois, 7–8 p.m. **WMEA Center**
- Sun. 11** Sunday Service: Meditation, Singing, and Lecture “**Heart &
Consciousness – Agni Yoga**” with Rev. Joleen DuBois, 10:00
a.m., Yavapai Hills Clubhouse
- Tue. 13** Class: **Other Worlds**, 7–8:15 p.m., WMEA Center
- Wed. 14** 6–6:45 p.m. *Choir Rehearsal*
7–8 p.m., **Agni Yoga Study Group – Heart**, WMEA Center
- Sun. 18** Sunday Service: Meditation, Singing, and Lecture “**Unity,
Unification, and the Heart – Agni Yoga**” with Rev. Joleen
DuBois, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 20** Class: **Other Worlds**, 7–8:15 p.m., WMEA Center
- Wed. 21** 6–6:45 p.m. *Choir Rehearsal*
7–8 p.m., **Agni Yoga Study Group – Heart**, WMEA Center
- Sun. 25** Sunday Service: Meditation, Singing, and Lecture “**The
Teacher – from Heart – Agni Yoga**” with Rev. Joleen DuBois,
10:00 a.m., Yavapai Hills Clubhouse
- Tue. 27** Class: **Other Worlds**, 7–8:15 p.m., WMEA Center
- Wed. 28** 6–6:45 p.m. *Choir Rehearsal*
7–8 p.m., **Agni Yoga Study Group – Heart**, WMEA Center

Torchbearers Class for children meets every Sunday, 10:00 a.m.
Teen Program meets the 1st and 3rd Sunday of every month.

All Sunday lectures from Prescott are available by tape.
Tapes are \$7.00 plus \$3.00 for postage and handling.
Please send your order to: WMEA, 543 Eastwood Drive, Prescott, AZ 86303

WMEA Center: 543 Eastwood Dr., Prescott – Phone: (928) 778-0638 for information.
Yavapai Hills Clubhouse: 4975 Hornet Dr., Prescott (Mail for WMEA will **not** be accepted at this address.)

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If you are in the following areas, you are welcome to call for information about the local White Mountain Study Group:

In Sarasota, Florida
Call (941) 925-0549

In Denver, Colorado
Call (303) 757-7228

In Puerto Rico
Call (787) 780-6276

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